

CAMPUS BEATS

THE PULSE OF SVSSS

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FROM THE HEART

EDITORIAL NOTE

There is a time for learning, a time for reflection, and a time to discover the world beyond our books. Examinations teach us patience and perseverance, while every experience outside the classroom opens a different window to learning.

In the quiet anticipation of examinations, we discover the value of preparation, discipline, and the confidence to trust what we have learnt. For every effort made today becomes a part of the person we are becoming.

Yet, learning does not end with a written paper. On the Kho Kho field, it finds expression in teamwork, agility, and determination. In the graceful movements of Silambam, we discover the beauty of tradition, discipline, and strength.

And sometimes, a wall becomes more than a wall. With colours, imagination, and a few creative hands, it becomes a canvas that gives life to ideas and brings a little more beauty into our surroundings.

Perhaps education is found in all these moments. In the answers we write, the games we play, the traditions we preserve, and the ideas we bring to life.

So, here's to the students who strive, the players who persevere, the artists who create, and the curious minds that never stop exploring.

"Education is not preparation for life; education is life itself."
— John Dewey

For learning is not confined to a classroom; it unfolds wherever there is a mind willing to discover.

***With faith in every heartbeat
Students of SVSSS***



EXAMINATIONS: A PATH TO SUCCESS



Examinations are an important part of every student's academic life. They help us understand how well we have learned and understood the subjects taught in school. Exams also teach us valuable qualities such as discipline, time management, perseverance, and responsibility. Although examinations can sometimes make students feel nervous or stressed, proper preparation can make them much easier to handle.

To perform well in exams, students should follow a regular study timetable and revise their lessons consistently. Practicing questions, clearing doubts, and taking short breaks can make learning more effective. Getting enough sleep and eating healthy food are also important because a fresh and focused mind can perform better. Most importantly, students should avoid comparing themselves with others and believe in their own abilities.

Examinations should not be considered as something to fear. Instead, they should be seen as an opportunity to identify our strengths, improve our weaknesses, and gain confidence. Even if we make mistakes, they help us learn and become better.

Conclusion:

Exams are not just a test of our memory; they are a test of our preparation, patience, and determination. With sincere effort, confidence, and perseverance, every student can turn challenges into achievements.

-Amish Raju, VIII

AMAZING SCIENCE FACTS: DISCOVER THE WONDERS AROUND US!

The tallest Mountain - people think that Mount Everest is the tallest, but here's the catch Mount Mauna Kea in Hawaii is the tallest Mountain, over 10 km.

The human brain cannot feel pain as it does not contain any pain receptors.

The moon is slowly moving away from our Earth about 3.8 cm every year.

Finally let me finish with an interesting one.

The sunlight takes about 8 minutes and 20 seconds to reach Earth.

Science is all around us, and every fact has a story to tell. So, stay curious, and never stop discovering.

-Harshitha.P, IX

MY EXPERIENCE AT THE CHIEF MINISTER'S TROPHY – SILAMBAM



I got the opportunity to participate in the Chief Minister's Trophy in Silambam quite unexpectedly. I came to know about the opportunity randomly and thought of giving it a try, so I registered for the competition.

On the day of the event, I reached the venue at 7:00 a.m. and completed the registration. Even though I reached it in the morning, my event started only around 4:00 p.m. So, I had to wait for several hours before my turn came. I was a little nervous and excited at the same time.

I had not practiced Silambam seriously for a long time. In fact, I had only practiced for about a week, and even that was mostly for around two hours at school. My first-round opponent had been learning Silambam for nearly seven years. I did not expect much, but I stayed confident and gave my best. To my surprise, I won the first round.

Although I was eliminated in the second round, I was happy about what I had achieved. The experience taught me that proper practice, confidence and determination are very important in any competition. It also made me realize that if I had practiced more, I could have performed even better.

This experience has motivated me to practice more seriously in the future. If I get another opportunity, I want to participate with better preparation, more confidence and strong motivation. I am grateful to my school and my Physical Education teacher for giving me this opportunity to experience such a memorable event.

-S. Vinodini, XI



I had the wonderful opportunity to participate in the 2026 Chief Minister's Trophy (CM Trophy) participating in Chennai District. I participated in the 55–65 kg category. It was a memorable experience for me and gave me an opportunity to showcase my skills and learn from other participants.



I successfully won the first round and advanced to the second round. I was very happy and confident when I won the second round as well. This encouraged me to perform even better in the next round.

Unfortunately, I could not win the third round, and my journey in the competition came to an end at that stage. Although I was a little disappointed, I took it as a valuable learning experience. I understood that both winning and losing are important parts of any competition.

The event was very well organized, and I enjoyed the overall experience. I got the opportunity to meet and compete with other talented participants. The atmosphere at the venue was exciting and encouraging, and I gained many memorable experiences from the event.

Overall, participating in the 2026 Chief Minister's Trophy was a proud and valuable experience for me. Winning the first two rounds gave me confidence, while losing the third round taught me to accept the result positively and keep improving. I am grateful for this opportunity and hope to participate in more competitions in the future.

-Vetriselvan, IX



AN EXCITING DAY OF KHO-KHO AT THE CM TROPHY

Event:

Tamil Nadu Chief Minister's Trophy 2026 (District Level)

Discipline:

Kho-Kho (School Category)

Venue:

St. George Anglo-Indian Higher Secondary School,
Shenoy Nagar, Chennai

KEY HIGHLIGHTS & REFLECTIONS:

Participation: Our school team actively participated against competitive student teams from across Chennai.

Performance & Effort: The players demonstrated high agility, strategic positioning, and coordinated chasing/defending throughout the fixture.

Learning Outcomes: The competition offered vital match temperament, emphasized defensive communication under pressure, and reinforced disciplined teamwork.

Way Forward: The experience highlighted technical areas for improvement, setting a strong benchmark for future inter-school and district-level tournaments.





BRUSHING UP ON TRUTH AND TRUST - SVSSS INTERACTORS BRING THE FOUR-WAY TEST TO LIFE

The Interact Club of SVSSS proudly participated in the "Paint the Four-Way Test" campaign, hosted by the Rotary Club of Madras.

Class 11 students collaborated to conceptualize and paint a large-scale visual interpretation of Rotary's foundational principles: truth, equity, goodwill, and shared benefits. Beyond the creative output, the initiative served as an exercise in teamwork, shared leadership, and civic responsibility.

The resulting mural stands as both an artistic milestone and an enduring reminder of how everyday ethical decisions build a stronger, kinder community.

— Interact Club





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